

# Inhaled Liposomal Ciprofloxacin in Patients With Non-cystic Fibrosis Bronchiectasis and Chronic *Pseudomonas aeruginosa* Lung Infection

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## INTRODUCTION

- Patients with non-cystic fibrosis bronchiectasis (NCFBE) and *Pseudomonas aeruginosa* (PA) infection have a greater risk of frequent pulmonary exacerbations (PEs), hospital admissions, decreased quality of life, and higher mortality<sup>1,2</sup>
- ARD-3150 is a once-daily inhaled antibiotic containing liposome encapsulated ciprofloxacin 150 mg/3 mL and free ciprofloxacin 60 mg/3 mL<sup>3</sup>
- ORBIT-3 and ORBIT-4 were identical, 48-week, multinational, randomized, double-blind, placebo-controlled phase 3 trials in patients with NCFBE and chronic PA lung infections, followed by a 28-day open-label extension

## OBJECTIVES

- These trials were designed to evaluate the efficacy of once-daily ARD-3150
  - In delaying time to first exacerbation
  - In decreasing the frequency of PEs

## METHODS

### Patients

- Patients ≥18 years with a confirmed diagnosis of NCFBE by computerized tomography and ≥2 PEs treated with antibiotics in the preceding 12 months
- Key inclusion criteria
  - Documented history of chronic lung infection with PA and presence of ≥1 nonresistant PA isolate at screening
  - FEV<sub>1</sub> (forced expiratory volume in 1 second) ≥25% of predicted values at the screening visit
  - Stable respiratory disease at randomization
- Key exclusion criteria
  - Clinical diagnosis of cystic fibrosis
  - Primary diagnosis of chronic obstructive pulmonary disease related to smoking history of greater than 10 cigarette pack-years
  - Non-tuberculosis mycobacterial infection requiring treatment
  - Active tuberculosis
  - PE during screening requiring treatment with inhaled, oral, or intravenous antibiotics
  - Intravenous, oral, or inhaled antipseudomonal antibiotics (except chronic macrolides) within 28 days of randomization

### Study design

- Nebulized ARD-3150 or placebo (randomized 2:1) were administered once daily for 6 cycles of 28 days on treatment, separated by 28 days off treatment, during the 48-week double-blind phase

### Protocol definitions for determining a PE

New/change in signs/symptoms:

- Change in sputum production (consistency, color, volume, or hemoptysis)
- Increased dyspnea (chest congestion, shortness of breath), cough, fever (≥38°C), wheezing
- Decreased exercise tolerance, malaise, fatigue, or lethargy
- FEV<sub>1</sub> or forced vital capacity (FVC) decreased 10% from a previously recorded value
- Radiographic changes indicative of a new pulmonary process and changes in chest sounds
- Time of PE onset was when >4 signs or symptoms occurred concurrently

### PE severity

- Mild: Adjustments in treatment, including increase in frequency of current therapy, but excluding the use of antibiotics or no increase in the dose of macrolides
- Moderate: Treatment with oral or inhaled antibiotics, or increase in the dose of macrolides
- Severe: Treatment with intravenous antibiotics and/or hospitalization
- When the investigator's assessment was in disagreement with the protocol definitions, a review was performed by a blinded adjudication committee

## RESULTS

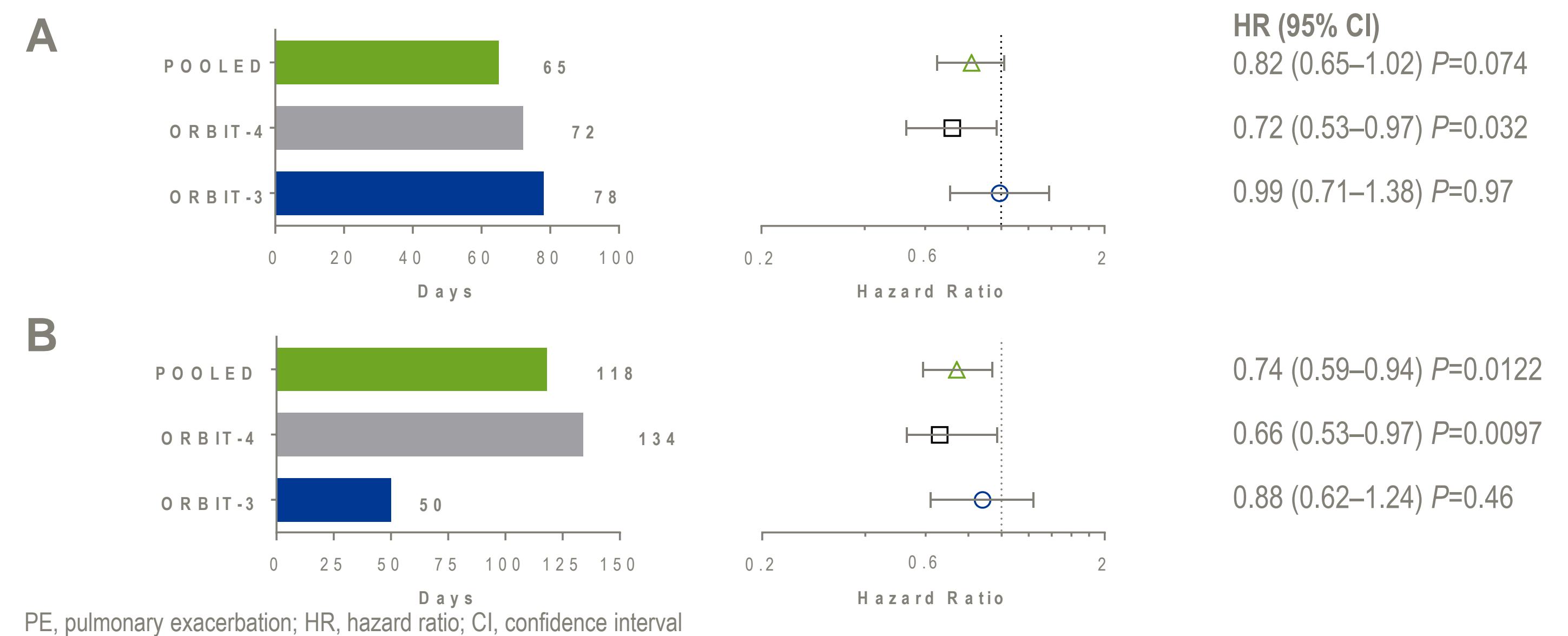
- In ORBIT-3, a total of 514 patients were screened and in ORBIT-4, a total of 533 patients were screened
- Baseline demographics are shown in Table 1

Table 1. Baseline demographics

Characteristic	ORBIT-3		ORBIT-4	
	ARD-3150 (n=193)	Placebo (n=97)	ARD-3150 (n=207)	Placebo (n=101)
Age (years), mean ± SD	65 ± 13	67 ± 11	63 ± 13	64 ± 13
Race, n (%)				
White	171 (89)	91 (94)	169 (82)	85 (84)
Asian	15 (8)	4 (4)	11 (5)	4 (4)
Black	3 (2)	1 (1)	2 (1)	1 (1)
Other	4 (2)	1 (1)	25 (12)	11 (11)
Ethnicity, n (%)				
Hispanic or Latino	6 (3)	3 (3)	25 (12)	9 (9)
Nonsmoker, n (%)	190 (98)	96 (99)	205 (99)	101 (100)
Baseline FEV <sub>1</sub> % predicted <sup>a</sup> , mean ± SD	57 ± 22	57 ± 20	63 ± 22	60 ± 21
Number of PEs treated with antibiotics in 12 months prior to screening, n (%)				
2–3	148 (77)	70 (72)	167 (81)	78 (77)
4–7	42 (22)	26 (27)	38 (18)	18 (18)
>7	3 (2)	0	2 (1)	3 (3)

<sup>a</sup>n for FEV<sub>1</sub>, for ORBIT-3 ARD-3150 = 183, placebo = 95; for ORBIT-4 ARD-3150 = 205, placebo = 98  
FEV<sub>1</sub>, forced expiratory volume in 1 second; PE, pulmonary exacerbation; SD, standard deviation

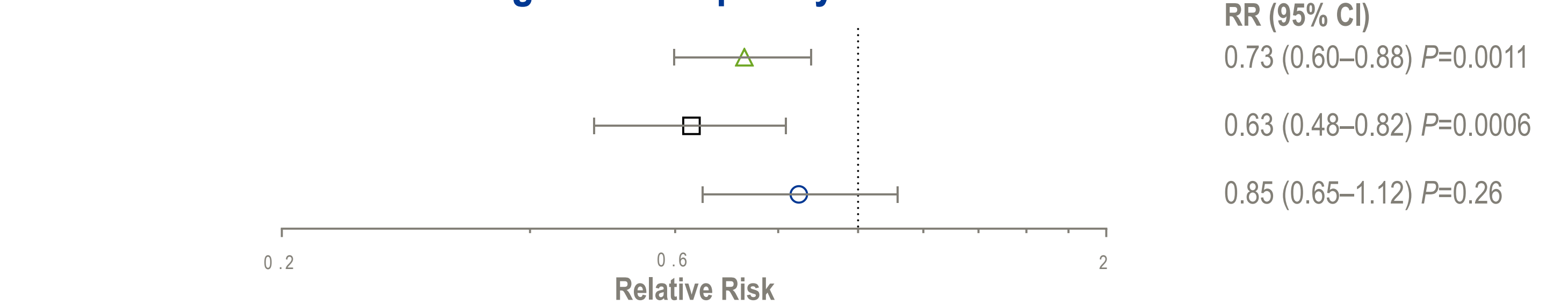
Figure 1. Time to First PE: (A) All Severity; (B) Required Antibiotics



PE, pulmonary exacerbation; HR, hazard ratio; CI, confidence interval

- ARD-3150 significantly increased median time to first PE (all severities) in ORBIT-4 (Figure 1A)
- ARD-3150 significantly increased median time to first PE that required treatment with antibiotics in ORBIT-4 and the pooled analysis (Figure 1B)

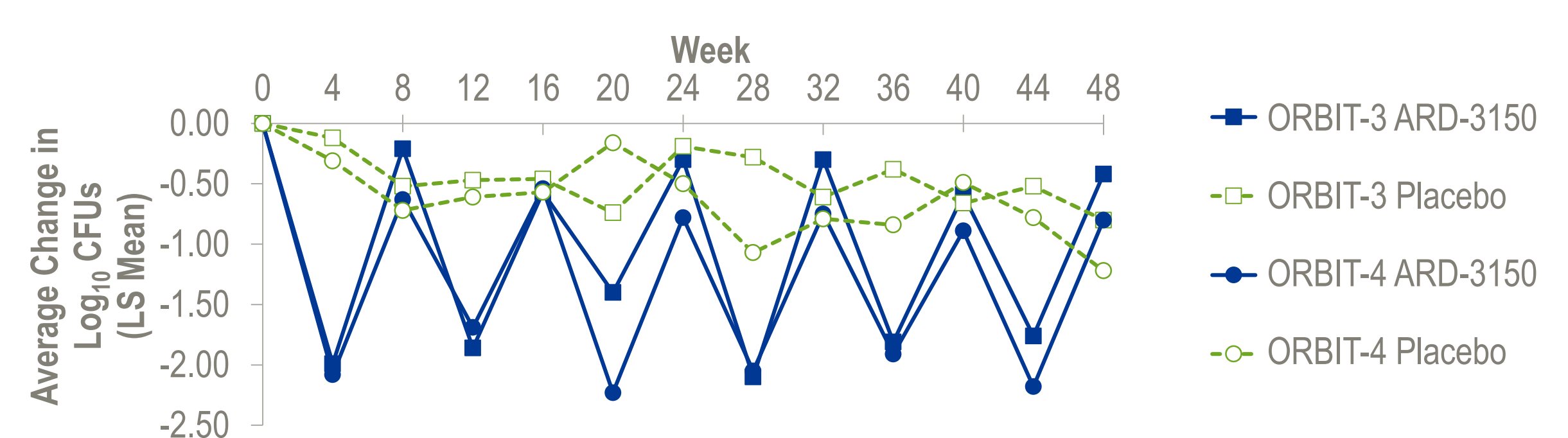
Figure 2. Frequency of Exacerbations



Stratified negative binomial regression; stratified by sex and prior pulmonary exacerbations  
RR, relative risk; CI, confidence interval

- ARD-3150 was associated with a significant reduction in the point estimate of the annual frequency of PEs in ORBIT-4 and in the pooled analysis (Figure 2)

Figure 3. Change in Sputum Density of PA



PA, *Pseudomonas aeruginosa*; CFU, colony-forming unit; LS, least squares

- ARD-3150 significantly reduced sputum density of PA while on treatment over the 48-week period (Figure 3)
  - With the exception of 1 visit in ORBIT-3, statistically significant reductions were observed at the end of every on-treatment period throughout the course of both studies

### Safety

- There were no significant differences in changes in FEV<sub>1</sub>, % predicted, FVC, or diffusing capacity of the lungs for carbon monoxide at week 48 between the ARD-3150 and placebo groups in ORBIT-3 and ORBIT-4

Table 2. Adverse events

N (%)	ORBIT-3		ORBIT-4	
	ARD-3150 (N=183)	Placebo (N=95)	ARD-3150 (N=206)	Placebo (N=98)
TEAE / TEAE related to study drug	164 (90%) / 78 (43%)	87 (92%) / 32 (34%)	178 (86%) / 58 (28%)	95 (97%) / 34 (35%)
SAE / SAE related to study drug	56 (31%) / 6 (3%)	24 (25%) / 1 (1%)	35 (17%) / 1 (0.5%)	28 (28%) / 1 (1%)
Discontinued due to TEAE	16 (9%)	3 (3%)	5 (2%)	4 (4%)
Death <sup>a</sup>	5 (3%)	3 (3%)	2 (1%)	4 (4%)
AEs related to study drug reported in ≥5% of patients				
Cough	24 (13%)	16 (17%)	18 (9%)	10 (10%)
Dyspnea	14 (8%)	7 (7%)	11 (5%)	6 (6%)
Wheezing	10 (6%)	7 (7%)	10 (5%)	3 (3%)
Other AE of interest				
Bronchospasm/bronchial hyper-reactivity	4 (2%)	1 (1%)	1 (0.5%)	1 (1%)

<sup>a</sup>No deaths were considered related to study drug  
TEAE, treatment-emergent adverse event; SAE, serious adverse event, AE, adverse event

## CONCLUSIONS

In patients with NCFBE, PA and ≥2 PEs in the year preceding enrollment, ARD-3150	ORBIT-3	ORBIT-4	Pooled analysis
Increased the median time to first PE (all severities)	NS	✓	NS
Reduced the frequency of all PEs regardless of severity	NS	✓	✓
Increased the median time to first PE requiring treatment with antibiotics	NS	✓	✓
Reduced sputum density of PA without attenuation of antibiotic activity during each treatment cycle over the 48-week trial	✓	✓	✓
Was well tolerated with a similar adverse event profile to placebo	✓	✓	✓

Not significant (NS); ✓ denotes statistical significance

## REFERENCES

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3. Serisier DJ, et al. *Thorax*. 2013;68(9):812.

## ACKNOWLEDGMENTS

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